

Trinity Lutheran Church & School 300 Broad Street Menasha, WI 54952



December 2023 Newsletter





Trinity Lutheran Church and School

300 Broad Street Menasha, WI 54952

Church Phone: (920) 722-2662 / School Phone: (920) 725-1715 Church Office Hours: Monday-Friday, 8:00 am to 3:00 pm

Website: www.trinitymenasha.com

Worship Services

Saturday - 5:00 pm; Sunday - 9:00 am; Wednesday - 6:30 pm

Education Hour: Sunday - 10:30 am

Services will continue to be available for streaming on Trinity's Facebook page, and for later viewing on YouTube. Check the church website for more details.

IMPORTANT DATES IN DECEMBER

First Week in Advent

December 1: 7:00 PM Christmas Hymn Sing

December 2: 9:30 AM Food Pantry

5:00 PM Worship

December 3: 9:00 AM Worship

2:00 PM Christmas Caroling to Shut-Ins

December 5: Board Meetings

December 6: 9:00 AM Mid-Week Advent Worship

5:15 PM Mid Week Advent Meal 6:30 PM Mid Week Advent Worship

Second Week in Advent

December 9: 5:00 PM Worship

Ladies Aid Cookie and Candy Sale

December 10: 9:00 AM Worship

11:30 AM Church Christmas Decorating

Ladies Aid Cookie and Candy Sale

December 12: Board of Directors Meeting

December 13: 9:00 AM Mid-Week Advent Worship

K5-3rd Grade Christmas Service Ladies Aid Cookie and Candy Sale 5:15 PM Mid-Week Advent Meal 6:30 PM Mid-Week Advent Worship

K5-3rd Grade Christmas Service

Third Week in Advent

December 16: 9:30 AM Food Pantry

5:00 PM Worship

Ladies Aid Cookie and Candy Sale

December 17: 9:00 AM Worship

Ladies Aid Cookie and Candy Sale

Third Week in Advent (Continued)

December 18: 6:00 PM PS3 - K4 Christmas Service

Ladies Aid Cookie and Candy Sale

December 20: 9:00 AM Mid-Week Advent Worship

4th -8rd Grade Christmas Service

Ladies Aid Cookie and Candy Sale 5:15 PM Mid Week Advent Mea

6:30 PM Mid-Week Advent Worship

4th -8rd Grade Christmas Service

December 21: Day School Children Christmas

Caroling & Noon Dismissal

December 22-January 3 No School-

Christmas Break School Office Closed

Fourth Week in Advent

December 23: 5:00 PM Worship December 24: 9:00 AM Worship

Christmas Eve 4:00 PM Worship

6:30 PM Worship

11:00 PM Candelight Worship

Christmas Day

December 25: 10:00 AM Worship

December 30: 9:30 AM Food Pantry

5:00 PM Worship

December 31: 9:00 AM Worship

6:30 PM New's Years Eve Worship



Our Mission Statement:

Trinity Lutheran Church and School, Menasha, is a fellowship of Lutheran Christians being empowered by the Holy Spirit through the Word of God and His Sacraments to encourage, refresh, and strengthen both adults and children in the redemptive work of Jesus Christ, while sharing His love with those who do not yet know their Lord and Savior.



Senior Pastor:

⊕ Rev. Steven S. Billings

Director of Music:

Mrs. Connie Henkel

Organist:

Mrs. Nancy Lephart

Trinity Lutheran Church & School

Church Phone: (920) 722-2662 School Phone: (920) 725-1715

December

Church Office Hours:

Monday-Friday, 8:00 AM – 3:00 PM Email: ChurchAdmin@trinitymenasha.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
•					1	2 ADVENT 1	
					7:00 PM Christmas Hymn Sing	9:30 AM Food Pantry 5:00 PM Worship	
3 ADVENT 1	4	5	6 MID-WEEK 1	7	8	9 ADVENT 2	
9:00 AM Worship 10:30 AM Ed Hour /Sunday School 2:00 PM Christmas Caroling	Rev Billings' Sabbath 9:00 AM Sewing 6:00 PM Home Prayer Time 6:30 PM Women's Bible Study	6:30AM Ladies Bible Study 4:30 pm BB @ Trinity Oshkosh 6:30 PM Bd Meetings	9:00 AM Worship 5:00 PM Catechism 5:15 PM Mid-Week Meal 6:30 PM Worship	6:00 AM Men's Bible Study BB @ Celebration 5:45 pm Caroling Gather Round Curtis Reed Square Menasha 6:00 PM Choir		5:00 PM Worship Ladies Aid Cookie and Candy Sale	
10 ADVENT 2	11	12	13 MID-WEEK 2	14	15	16 ADVENT 3	
9:00 AM Worship 10:30 AM Ed Hour /Sunday School Ladies Aid Cookie and Candy Sale 11:30 AM Church Christmas Decorating	Rev Billings' Sabbath 9:00 AM Sewing 6:00 PM Home Prayer Time 6:30 PM Women's Bible Study	6:30 AM Ladies Bible Study 3:45 pm BB Practice 6:30 PM Bd of Dir Mtg	9:00 AM K5-3 rd Grade Christmas Service Ladies Aid Cookie and Candy Sale 5:00 PM Catechism 5:15 PM Mid-Week Meal 6:30 PM K5-3 rd Grade Christmas Service	6:00 AM Men's Bible Study 3:45 pm BB Practice 6:00 PM Choir		9:30 AM Food Pantry 5:00 PM Worship Ladies Aid Cookie and Candy Sale	
17 ADVENT 3	18	19	20 MID-WEEK 3	21	22	23 ADVENT 4	
9:00 AM Worship 10:30 AM Ed Hour /Sunday School Ladies Aid Cookie and Candy Sale	Rev Billings' Sabbath 9:00 AM Sewing 6:00 PM PS3-K4 Christmas Service 6:00 PM Home Prayer Time 6:30 PM Women's Bible Study	6:30AM Ladies Bible Study 3:45 pm BB Practice	9:00 AM 4 th -8 th Grade Christmas Service Ladies Aid Cookie and Candy Sale 5:00 PM Catechism 5:15 PM Mid-Week Meal 6:30 PM 4 th -8 th Grade Christmas Service	6:00 AM Men's Bible Study School Caroling 6:00 PM Choir School Closes at Noon School Office Closed at Noon	No School/School & Church Offices Closed	5:00 PM Worship	
24 ADVENT 4	25	26	27	28	29	30	
9:00 AM Worship 4:00 PM Worship 6:30 PM Worship 11:00 PM Worship Candlelight	10:00 AM Worship Pastor Billings, Pastor GeRue, the faculty & staff of Trinity Lutheran Church & School wish you a very Blessed	No School, School Office Closed 6:30 AM Ladies Bible Study	No School, School Office Closed No Catechism	No School, School Office Closed No Men's Bible Study	No School, School Office Closed	9:30 AM Food Pantry 5:00 PM Worship	
	Christmas School & Church Offices Closed	CHRISIM	AS	Church Offices will be closed Friday, December 22 through December 25, and New Years Day.			
9:00 AM Worship 6:30 PM New Year's Eve Worship		FAC		School Offices will be December 21 throug		at Noon on Thursday,	



Serving Our Lord with Gladness – December 2023

Senior Pastor: Rev. Steven S. Billings Associate Pastor/Principal: Rev. Keith E. GeRue



Worship		Elder on	Communion			
Date/Time	Acolyte	Duty	Assistant	Usher Captain	Greeter	Altar Guild
Dec 2: 5:00 PM	Sydney Gast	Alan Manteufel	Lee Colby	Tom Harrmann	Betty Allen	Philip & Mary Conradt
Dec 3: 9:00 AM	Axle Hurst	Bart Nielsen	Steve Sexmith	Lee Weinig	Liz Kamprath	Craig & Jill Thomas
Dec. 6: 9:00 AM						
6:30 PM				Harrmann/Weinig		
Dec 9: 5:00 PM	Payton Lenth	Alan Manteufel	Ian Thomas	Jerry Maynard	Barbara Kester	Philip & Mary Conradt
Dec 10: 9:00 AM	Robbie Kohler	Bart Nielsen	Scott Gutzmann	Steve Sexmith	Jane Nielsen	Craig & Jill Thomas
Dec 13: 9:00 AM						
6:30 PM				Maynard/Sexmith		
Dec 16: 5:00 PM	Emma Schmidt	Alan Manteufel	Dan Siebert	Lee Colby	Dan & Peggy Dahms	Brian & Paula Reichert
Dec 17: 9:00 AM	Simon Kroes	Bart Nielsen	Ron Kraus	Dave Collingwood	Rosemary Collingwood	Volunteer Needed
Dec 20: 9:00 AM and				Colby/Collingwood		
6:30 PM						
Dec 23: 5:00 PM	Richie Sprouse	Alan Manteufel	Vance Pues	Roger Voigt	JoAnn Schultz	Philip & Mary Conradt
Dec 24: 9:00 AM	Mirella Taschner	Bart Nielsen	Josiah Nielsen	Jim Wittmann	Connie Henkel	Jean Zeinert
4:00 PM	Maya Torres			Volunteer		
6:30 PM	Sydney Gast			Volunteer		
11:00 PM	Axle Hurst			Volunteer		Volunteers Needed
Dec 25: 10:00 AM	Robbie Kohler			Volunteer		Jean Zeinert
Dec 30: 5:00 PM	Payton Lenth	Alan Manteufel	Bruce Buksyk	Tom Harrmann	Betty Allen	Shirley Fleischer
Dec 31: 9:00 AM	Simon Kroes	Bart Nielsen	Robert Flater	Lee Weinig	Liz Kamprath	Jean Zeinert
6:30 PM	Emma Schmidt					Jean Zeinert

December Altar Guild Volunteers Are Needed:

As of November 28, the following slots are open:

- Sunday, December 17: Clean up and deliver flowers
- Sunday, December 24 11:00 PM Candlelight Service: Clean-up & reset for Christmas Day service

Setting the Lord's Table is truly an honor and blessing. Please contact Mary Conradt (920) 882-8676 or Jean Zeinert at (920) 722-2662 to become a member of our team.



Wedding Anniversaries – December 2023

12/09 BILLINGS, Rev. Steven & Liz 12/15 VOIGT, William & Jennifer 12/17 SIEGEL, Scott & Amy



12/20 KRAUSE, Darrell & Vera 12/27 BOUCHARD, Jeremy & Dana 12/28 WUSSOW, Craig & Sandy

Birthdays – December 2023

12/01 DEHNE. Jim

12/01 NOLAN, Madeleine

12/02 COLLINGWOOD, Joel

12/02 MLODIK, Sarah

12/04 REUNING, Abigail

12/05 HURST, Brandon

12/08 GAST, Sydney

12/09 FROST, Sue

12/10 MIES, Kevin

12/10 RISKE, Karen

12/11 PUES, Dane

12/12 REINKE, Steve

12/13 HIBBARD, Brenda

12/13 KESTER, Thomas

12/13 MEYER, Scott

12/14 EIDE, Noah

12/14 HEID, Jonathon

12/15 BORGEN, Breanna

12/15 BORGEN, Gina

12/15 VITEK, Barbara



12/16 BECKER, Jean

12/16 HAANEN, Carrie

12/16 WEBBER, Noelle

12/18 EMERY, Matthew

12/18 PUES, Ella

12/19 MIES, Donna

12/19 SIEGEL, Scott

12/20 HEYN, Carrie

12/20 MANTEUFEL, Rebeka

12/20 VOIGT, Henry

12/26 MEIS, Jacob

12/27 BOUCHARD, Dana

12/28 BOUCHARD, Justin

12/29 HENRICKSON, John

12/29 MILSKE, Maxwell

12/30 CALLAN, Isabelle

12/31 BOLEN, Sally

12/31 HEID. Joshua



† Trinity Membership Update ተ

New Members/Transfers In: Thomas Ziebell

Released/Transfers Out: Sara, Kraig, Grace & Cora Henson

Baptisms: Weddings:

Members Who Have Passed:

 25 For I know that my Redeemer lives, and at the last He will stand upon the earth. 26 And after my skin has been thus destroyed, yet in my flesh I shall see God. Job 19:25-26

Join us for the Season of Advent

During Advent we prepare to celebrate the birth of Jesus Christ, the Son of God, who came into the world as both God and Man so that our sins might be forgiven. On the other hand, we anticipate the day when Jesus will return to Earth and bring an end to this world.

Advent Week 1, Dec. 2—5:00 PM & Dec. 3—9:00 AM: "Watchfulness" Advent 1 Mid-Week Service, Dec. 6—9:00 AM & 6:30 PM: "Disappointed"

Advent Week 2, Dec. 9—5:00 PM & Dec. 10—9:00 AM: "The Mouth of the Lord Has Spoken" Advent 2 Mid-Week Service, Dec. 13—9:00 AM & 6:30 PM: *K5-3RD Grade Christmas Service*

Advent Week 3, Dec. 16—5:00 PM & Dec. 17—9:00 AM: "A "Pink" Pause" Dec. 18—6:00 PM: *PS3-K4 Christmas Service*

Advent 3 Mid-Week Service, Dec. 20—9:00 AM & 6:30 PM: 4TH-8TH Grade Christmas Service

Advent Week 4, Dec. 23—5:00 PM & Dec. 24—9:00 AM: "May It Be to Me as You Have Said" Christmas Eve, Dec. 24—4:00 & 6:30 PM: "No Room for God?"

Christmas Eve, Dec. 24 Candlelight Service—11:00 PM: "The Glory of God" Christmas Day, Dec. 25 Christmas Day—10:00 AM: "Taken Out of Man"

Dec. 30—5:00 PM & Dec. 31—9:00 AM: "Good to Go" New Year's Eve, Dec. 31—6:30 PM

Advent Meals—Served at 5:15 PM:

Dec. 6: Boards of Stewardship and Outreach & Social Ministry
Menu: Pulled Pork, Hot Beef Sandwiches, Tossed Salad, Pasta Salad, Baked Beans,
Desserts, Coffee, Milk & Water

Dec. 13: Boards of Worship and Properties Menu: To Be Announced

Dec. 20: Board of Elders and Board of Christian Ed Menu: To Be Announced





Everyone is Invited to Help Decorate Trinity for Christmas



Sunday, December 10th beginning at 11:30 AM, following Bible Study, we will be decorating the Sanctuary for Christmas. We will meet at 11:30 AM in the Large Fellowship Hall. A light meal will be provided, and of course, it includes Christmas Cookies for dessert!

..... Electronic Upright Player Piano Free to a Good Home

Tim Reuning has an electronic upright player piano with at least 100 piano rolls that he is giving away. For more details contact Tim at (920) 507-0062.

2024 Offering Envelopes

December 9th your 2024 offering envelopes will be in your mailboxes. Please don't use these until January 1st. We ask that you recycle your 2023 unused envelopes.

If you have started to donate electronically and no longer need your envelopes, please let the church office know so you can be assigned to a different series of numbers. Please turn your 2024 envelopes back into the church office. Thank you!





JOIN US ON SUNDAY, DEC. 3
AT 2PM
WE'LL MEET AT DOOR 2 ON BROAD STREET.
POTLUCK AFTER PARTY AT
RON AND DOTTIE KRAUS

BRING A SALAD, VEGGIE, OR DESSERT
WE'D LOVE TO SEE YOU!



Catechetical Comments

A Series

THE APOSTLES' CREED

This month we continue our look at The Apostles' Creed and consider the following question: *Who is God?*

93. Who is God?

In His Word God has told us that He is

K. merciful (full of pity)

The Small Catechism further answers the question Who Is God? by saying:

In His Word God has told us that He is

K. merciful (full of pity)

It then offers the following Scripture passages in support of this answer:

Jer. 3:12 – I am merciful, declares the LORD.

Titus 3:5 – He saved us, not because of works done by us in righteousness, but according to His own mercy.

Can we possibly understand mercy? Perhaps. But we have to look beyond our everyday experiences to find it.

Mercy is seen throughout Scripture. We see mercy in the life of Moses. When he was born, Pharaoh had declared that all the baby Hebrew boys born in Egypt were to be killed as soon as they were born. To avoid this, Moses' mother hid him in a basket, which she floated down the Nile. It was picked up by a servant of Pharaoh's daughter, who recognized Moses as a Hebrew child. She should have killed him, but she had mercy. Not only did she let him live, she took him into her own home soon after he was weaned, and raised him as her own.

Another example is found in the life of Samson, whose Philistine wife tried and tried to get him to tell her how he could be defeated. Eventually, he told her. Why? Because he loved her. Because he had mercy on her and allowed her to betray him, he lost his eyes, his liberty, and ultimately his life.

Samson in the Old Testament is one of many pre-figures of Christ. Jesus, would one day allow Himself to be betrayed, arrested, brutally treated, and ultimately killed. Why? Because God had mercy on us.

Jesus took the punishment we deserve. He died the death that should have been ours. But, because He loves us, He permitted us to mistreat Him, subjecting Him to be beaten, flogged, and crucified. That's right, God used human beings to carry out His righteous judgment against human beings! In mercy, Christ, the Son of God, stepped into the path of our suffering, deflecting it from us and absorbing it into Himself.

In our vernacular, we compare such situations to Secret Service agents, who are willing to "take the bullet" aimed at the President, or a soldier "falling on a grenade" to save his comrades in arms. These are examples of mercy in action — removing suffering from the intended target by taking it in their place.

There is no greater example of this in the history of mankind than Jesus. God grant you a joyous celebration of His birth. +

Humbly in His service, Rev. Steven S. Billings Senior Pastor

From the School December 2023



IT'S ABOUT TIME! A REFLECTION ON THE TIME OF CHRISTMAS

I once read a book about time management by <u>R. Alec MacKenzie</u> titled, *The Time Trap*. It is now in its fourth edition and is still a worthwhile read. It has many excellent suggestions for managing one's time, but the primary concept of the book can be summed up in one sentence:

"You cannot save time; you can only spend it."

The idea of *saving* time was well engrained in my mind, but the idea of *spending* time, as if it were a precious commodity, was something I really hadn't given much attention. MacKenzie's thesis was simple: We have a limited amount of time—it is precious—so how does one choose what is worthy of spending one's time?

So how do you manage time, i.e., *spend* time. "Is what you are spending your time on worthwhile? If the old expression, "Time is money!" is true, are you bankrupting your "time account" by what you choose to do, or are you investing your time in truly worthwhile (time worthy) pursuits?"

How we spend our time has become more difficult over the years and will be intensified as the Christmas season approaches. We are pulled in every direction at this time of the year. We feebly attempt to prioritize how we spend our time, but far too many "time traps" arise, such as:

- 1. Christmas shopping—better to have every present ordered ahead of time because of supply chain problems! Oh, no! The toys the kids want are stuck in San Francisco for the next 10 weeks!
- 2. Family is coming over for Christmas dinner—better clean the house thoroughly or I'll be criticized by great aunt Brunhilda!
- 3. Must write the Christmas letter to put into the Christmas cards that need to be addressed right now so they will arrive in time because the U.S. Post Office is being overwhelmed! Arrrrgh!
- 4. Just ran out of wrapping paper—must go to Walmart again! Arrrgh, arrrgh! And it's Christmas Eve!
- 5. Must go to the Christmas Eve service. Need to be finished on time so we can start rehearsals! I wish I'd started writing this in August! *Sigh*....
- 6. Fill in your own "time traps" here: (Sorry there's not more room to write!)

Now, take a breath. Breathe in—and breathe out... Consider what is *truly* important during this season, and, for that matter, every season of your life. Think of the things that are of greatest importance and start to relax in the Gospel. Christ came to bring peace to troubled hearts and to bring comfort to the lonely, the poor, and those who are ill in body, mind, and soul. In the time of Caesar Augustus, God sent his Son—that's God's *kairos* time, i.e., the time where God is in control—when God's will is done—when the miracles of salvation occur. God's *kairos* time is not like our *Chronos*, or chronological time, which is measured in seconds, minutes, and days. *Kairos* time is when God creates the universe, makes covenants, raises Christ from the dead, takes hold of us in our baptism, and grants us eternal life.

We need to reset our clocks to *kairos* time wherein we can "ponder anew what the Almighty can do" and to reflect on how to prioritize our "to do" list as we take our ease in the miracle of Jesus' incarnation. Would it be earthshattering if the Christmas letters didn't make it to their destination until the third week of Epiphany? Would

¹ The Hebrew word for soul is *nephfesh* (ເຂີຍປ່) – pronounced *neh-fesh*. It has a deep meaning that should not be

confused with the Greek philosophical concept of the soul as kind of a ghost that lives within us and released from us when we die. The *nephfesh* is our innermost being, our mind, desires, emotions, breath, everything that is within us, our life itself; our whole living being. *Nephesh* in Hebrew refers to the throat because everything that we depend on for life comes into us through our throat, our breath, our food, our drink. When we worship and praise God, we do it with our *nephesh* – our entire being.

² From the hymn: "Praise to the Lord, the Almighty." *Lutheran Service Book* #790. Author: Joachim Neander (1680); Translator: Katherine Winkworth (1863).

our Christmas celebrations be ruined if only the bathroom was cleaned, or if there were only four, instead of six, courses for Christmas dinner?

Take a few moments of your chronological time to focus on the essentials in your life, not the peripherals, so your heart and soul might be centered on, and lived in that *kairos* time when God sent the Promise of Promises to the world. May the Spirit of Christ fill you as you relax in the goodness, righteousness, and love of God during this blessed Christmas season and in all the seasons to come.

John 1: 1-5; 14 (ESV) In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things were made through him, and without him was not anything made that was made. In him was life, and the life was the light of men.⁵ The light shines in the darkness, and the darkness has not overcome it...And the Word became flesh and dwelt among us, and we have seen his glory, glory as of the only Son from the Father, full of grace and truth.



EVENTS AROUND THE SCHOOL

Dec. 1: 9:00 am School Opening

Midterms

Dec. 4: 9:00 am School Devotion Dec. 5: 9:00 am School Devotion

9:30 am The Grand, Oshkosh The Reluctant Dragon PS3 – 1st

4:30 pm Basketball Trinity Oshkosh

Dec. 6: 9:00 am Advent Chapel

Dec. 7: 9:00 am School Devotion

4:30 pm Basketball @ Celebration

5:45 pm Trinity Caroling Gather 'Round Christmas Event Curtis Reed Square Menasha

Dec. 8: 9:00 am School Opening
Dec. 11: 9:00 am School Devotion

Dec. 11: 9:00 am School Devotion Dec. 12: 9:00 am School Devotion

3:45 pm Basketball Practice

Dec. 13: 9:00 am K5–3rd Christmas Service "God Had A Plan"

6:30 pm K5–3rd Christmas Service "God Had A Plan"

Dec. 14: 9:00 am School Devotion

3:45 pm Basketball Practice

Dec. 15: 9:00 am School Devotion

Dec. 18: 9:00 am School Devotion

6:00 pm PS3-K4 Christmas Service

Dec. 19: 9:00 am School Devotion

3:45 pm Basketball Practice

Dec. 20: 9:00 am 4th–8th Christmas Service "Sound the Bells! The Savior is Born!"

6:30 pm 4th–8th Christmas Service "Sound the Bells! The Savior is Born!"

Dec. 21: 9:00 am School Devotion

School Christmas Caroling

12:00 Noon Dismissal

Dec. 22 – January 3 Christmas Break





TRINITY LUTHERAN CHURCH - FINANCIAL REPORT OCT 2023

	BEGINNING	DEPOSITS /	WITHDRAWALS/	ENDING
	BALANCE	INCOME	EXPENSES	BALANCE
Nicolet General Fund	\$12,124.21	\$76,111.94	(\$76,113.32)	\$12,122.83
Nicolet Restricted Funds*	\$105,591.84	\$9,274.37	(\$19,770.00)	\$95,096.21
LCMS Endowment Fund**	\$121,551.95	\$1,026.31	(\$4,442.48)	\$118,135.78
LCEF Steward Fund	\$864.12	\$22,631.54	(\$22,615.60)	\$880.06
Nicolet Money Market	\$35.96	\$0.00	(\$10.00)	\$25.96
Schwab Wealth***	\$42,783.26	\$129.49	(\$3,557.80)	\$39,354.95
Nicolet Memorial Fund	\$7,669.92	\$101.36	\$0.00	\$7,771.28
Nicolet Office Acct	\$3,433.87	\$1.51	(\$21,944.69)	(\$18,509.31)
Nicolet Think Tank	\$3,190.11	\$1.59		\$3,191.70
Nicolet Scrip	\$3,803.21	\$36,963.80		\$40,767.01
TOTAL	\$301,048.45	\$146,241.91	(\$148,453.89)	\$298,836.47
LCEF Mortgage (BOTR)	\$882,958.24		(\$3,827.08)	\$879,131.16



Trinity Ladies Aid Annual Cookie and Candy Sale

Look for us beginning the weekend of December 9 & 10, and continuing on December 16 & 17, before and after the worship services. We will also open for the Trinity School Children's programs on December 13, 18, and 20.

We also invite you to bake cookies and make candy! Simply bring them with you when you come to worship. You need not wrap or bag the items separately as we sell them right out of the container you bring them in.

All proceeds go for numerous missions as well as for Trinity Church and School projects. We thank you for serving with us and bringing joy to our customers!

This time of year we think about all the joys of Advent and Christmas, especially the birth of Baby Jesus; our Savior, who then died to deliver us from the punishment of our sins. There never has been or never will be a greater gift. We ask you to take every opportunity to share His love with the people you come in contact with and tell them about Him. You can never give a better gift than to share this Good News! That is the prayer the Trinity Ladies have for each one of you this blessed season.



From Your Parish Nurse...

Debunking the Myths of Aging

The average lifespan of people in the US is 80. The fastest growing population group in the US are people over 85.

The ability to learn does not diminish.

The majority of older people are physically strong and in good health.

30% of people in the US die of heart disease, 23% of cancer, 7% from stroke, 5% from respiratory diseases and 4% from accidents.

Dementia and senility are not inevitable.

Urinary incontinence is not inevitable. There are several causes of urinary incontinence and the issue should be thoroughly evaluated by a physician.

Older people have less injuries at home than younger people.

Only 10% of people over 65 live in nursing homes. More 80 and 90 year olds live independently than in nursing homes.

Only 10% of seniors are below the poverty level, and only 15% of seniors are classified as having financial problems. This is lower than for younger people.

Many people are busier in retirement than when they were working.

Older people have a lower rate of absenteeism than younger people.

People over 65 are less frequently victims of criminal activity. However, elderly are more fearful of victimization than are younger people.

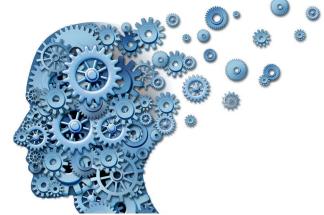
There are 5 times as many widows among our elderly population than there are widowers.

There is no arbitrary age at which sexual functioning ceases. Sexual feelings and fantasies are normal for older people.



From Your Parish Nurse (Continued)...

Aging: What You Should Know



Skin – Loss of subcutaneous tissue and thinning of skin more fragile; unable to respond to heat and cold quickly; loss of moisture; wrinkling

Sensory – Eyes become less elastic; ear canal narrows and bones in inner ear calcify; smelling decrease

Increased difficulty with vision and adjustments in vision between far and near; need for more light to see; cataracts; increase risks of glaucoma; loss of hearing and ability to discriminate odors

Heart – Heart and blood vessels stiffen. Many people have cholesterol deposits in the walls of arteries restricting blood flow to the heart and brain. The heart has to work harder to pump blood through more resistant blood vessels.

Increased incidence of high blood pressure, heart attacks, heart failure and strokes.

Brain – Brain cell death progressively increases with age, largely due to blood vessel issue mentioned above.

Minor forgetfulness.

(This does not mean that Alzheimer's disease or dementia are in any way "normal", and progressive loss of memory and/or judgment should be investigated vigorously by a physician.)

Bones – Loss of density and demineralization.

Shortening of height; increased incidence of osteoporosis and fracture.

Joints – Stiffening and "wear and tear" from years of use.

Movement slower and more difficult; increased incidence of arthritis – stiff, painful and swollen joints; decrease in strength and stamina.

Digestive – Loss of muscle tone; weakening of intestinal wall; reduced gastric acid to aid in digestion.

Increased incidence of constipation, incontinence, reflux, peptic ulcers, and inability to digest some foods.

Musings from Matongo Rev. Dr. Walter & Robyn Steele Serving the Lord in East Africa





Missionary Life includes: On-going Education



Continuing Education in Kigali, Rwanda
Photo Credit: Shara Osiro

Our missionary life includes not only teaching. We also must always be students. There is much we still need to learn about the various cultures that make up life in East Africa. We are blessed to be able to gather each year with all our fellow Africa Region missionaries to learn together.

This year we traveled to Kigali, the capitol of Rwanda, to learn from Dr. William Shumacher about various models of mission work. Our presenter has served as a missionary in Botswana and also as a professor at Concordia Seminary, St. Louis MO. Together, we explored the changing face of missions over the centuries. We considered the strengths and weaknesses of various approaches. The goal was to help us think about why we do what we do and how we do it. Ultimately this will assist us as we look toward the future of the work to which we have been called.

These times together are also helpful for other reasons. First, by traveling to other countries, we are exposed to the varieties of cultural expressions of the Christian Faith. And since our students come from all over East and Central Africa, this is very helpful.

Second, gathering together gives us the opportunity to share one another's burdens and to be encouraged by those who share this life with us

In Christ's love,

Walter and Robyn Steele



ROBYN'S BIG NEWS!

At our gathering in Kigali, Rwanda, it was announced that Robyn will officially serve as a Missionary Nutrition Educator. She will be teaching a Home Economics course to deaconesses. Additionally, she will serve the wider area, emphasising the connection between Faith and Food as God's gracious gift.

- -Pray for her as she goes through the work permit process in Kenya.
- Pray for her as she prepares her lesson plans for the coming semester, which begins in January.



To be added to or removed from this mailing list, send an email message to Walter.Steele@lcms.org with the word ADD or REMOVE in the subject line.

As missionaries we learn about many things as we live and work with people from many cultures.

During our Continuing Education in Rwanda. Walter learned from Rev. Volmir da Rocha, an Alliance Missionary from Brazil, how to make chimarrão, an herbal tea which is popular in South America.

Preparing it takes much more care than throwing it into hot water.

P.S.: Walter confesses he needs continuing education on this too. He still doesn't make it right.

A Time of Education, Fellowship & Encouragement



Robyn Enjoys Learning More About Missions

Gathered with our Africa Missionary Family

All Photo Credit: Shara Osiro



Remember, you can help us continue to teach future church workers here in Africa by your prayers and financial support at: lcms.org/givenow/steele

Or at the world-famous Mission Central

MISSION CENTRAL 40718 Highway E-16 Mapleton IA 51034



There are many opportunities to serve as short-term or GEO missionaries. Check out the current list and download an application at lcms.org/service. Click on 'Service Opportunities.'

To support the LCMS through the work of Walter & Robyn Steele, you may send a tax-deductible gift to:

The Lutheran Church—Missouri Synod P.O. Box 66861 St. Louis, MO 63166-6861

Make checks payable to The Lutheran Church-Missouri Synod. Mark checks "Support of Walter & Robyn Steele." Gifts can also be given securely online through the LCMS website, on my online giving page at lcms.org/Steele.